

Additional Suggested Reading Resources

Cox, Louis D., *Ego: The Ghost in Your Machinery*. Epigraph Books, 2018.

Cox, Louis D., *Presencing Our Absencing: A Collective Reflective Practice Using Scharmer's "U" Model in Perspectives on Theory U*. Ed. Olen Gunnlaugson, Charles Baron, & Mario Cayer, IGI Global, 2014

Mate, Gabor with Daniel Mate, *The Myth of Normal: Trauma, Illness, & Healing in a Toxic Culture*. Avery, New York, 2022.

Hubl, Thomas, *Healing Our Collective Trauma: A Process for Integrating Our Intergenerational and Cultural Wounds*. Sounds True, Boulder CO, 2020.

Wheatley, Margaret, *Who Do We Choose To Be?: Facing Reality, Claiming Leadership, Restoring Sanity*. Berrett-Koehler, Oakland. CA, 2017.

Schwartz, Richard, C., *No Bad Parts: Healing Trauma & Restoring Wholeness with The Internal Family Systems Model*. Sounds True, Boulder CO, 2021.